

Referenser

Vanliga ögonsjukdomar

2000-Talets Vetenskap nr 2-2018

1. Lim LS, et al. Age-related macular degeneration. *Lancet*. 2012 May 5;379(9827):1728-38.
2. Chopdar A, Chakravarthy U, Verma D. Age-related macular degeneration. *BMJ*. 2003 Mar 1;326(7387):485-8.
3. American Academy of Ophthalmology. Age-Related Macular Degeneration. <https://www.aao.org/bcscsnippetdetail.aspx?id=9711f063-ed7b-452b-8708-c4dad0d893e8> Accessed January 2, 2018.
4. Cruickshanks KJ, Klein R, Klein BE. Sunlight and age-related macular degeneration. The Beaver Dam Eye Study. *Arch Ophthalmol*. 1993 Apr;111(4):514-8.
5. Mainster MA. Light and macular degeneration: a biophysical and clinical perspective. *Eye (Lond)*. 1987;1(Pt 2):304-10.
6. Vila N, et al. Blue-light filtering alters angiogenic signaling in human retinal pigmented epithelial cells culture model. *BMC Ophthalmol*. 2017 Nov 2;17(1):198.
7. Sparrow JR, Miller AS, Zhou J. Blue light-absorbing intraocular lens and retinal pigment epithelium protection in vitro. *J Cataract Refract Surg*. 2004 Apr;30(4):873-8.
8. Rochtchina E, et al. Elevated serum homocysteine, low serum vitamin B12, folate, and age-related macular degeneration: the Blue Mountains Eye Study. *Am J Ophthalmol*. 2007 Feb;143(2):344-6.
9. Nowak M, et al. Homocysteine, vitamin B12, and folic acid in age-related macular degeneration. *Eur J Ophthalmol*. 2005 Nov-Dec;15(6):764-7.
10. Axer-Siegel R, et al. Association of neovascular age-related macular degeneration and hyperhomocysteinemia. *Am J Ophthalmol*. 2004 Jan;137(1):84-9.
11. Homocysteine Lowering Trialists' Collaboration. Dose-dependent effects of folic acid on blood concentrations of homocysteine: a meta-analysis of the randomized trials. *Am J Clin Nutr*. 2005 Oct;82(4):806-12.
12. Mazza A, et al. Nutraceutical approaches to homocysteine lowering in hypertensive subjects at low cardiovascular risk: a multicenter, randomized clinical trial. *J Biol Regul Homeost Agents*. 2016 Jul-Sep;30(3):921-7.
13. Christen WG, et al. Folic acid, pyridoxine, and cyanocobalamin combination treatment and age-related macular degeneration in women: the Women's Antioxidant and Folic Acid Cardiovascular Study. *Arch Intern Med*. 2009 Feb 23;169(4):335-41.
14. Ren C, et al. Circulating miRNAs as Potential Biomarkers of Age-Related Macular Degeneration. *Cell Physiol Biochem*. 2017;41(4):1413-23.
15. Richer S, et al. Observation of human retinal remodeling in octogenarians with a resveratrol based nutritional supplement. *Nutrients*. 2013 Jun 4;5(6):1989-2005.

16. Liu XQ, et al. Resveratrol mitigates rat retinal ischemic injury: the roles of matrix metalloproteinase-9, inducible nitric oxide, and heme oxygenase-1. *J Ocul Pharmacol Ther.* 2013 Feb;29(1):33-40.
17. Rowan S, et al. Involvement of a gut-retina axis in protection against dietary glycemia-induced age-related macular degeneration. *Proc Natl Acad Sci U S A.* 2017 May 30;114(22):E4472-81.
18. Kaushik S, et al. Dietary glycemic index and the risk of age-related macular degeneration. *Am J Clin Nutr.* 2008 Oct;88(4):1104-10.
19. Duncan KG, et al. The human fetal retinal pigment epithelium: A target tissue for thyroid hormones. *Ophthalmic Res.* 1999;31(6):399-406.
20. Chaker L, et al. Thyroid function and age-related macular degeneration: a prospective population-based cohort study – the Rotterdam Study. *BMC Med.* 2015 Apr 23;13:94.
21. Huang YM, et al. Effect of supplemental lutein and zeaxanthin on serum, macular pigmentation, and visual performance in patients with early age-related macular degeneration. *Biomed Res Int.* 2015;2015:564738.
22. Akuffo KO, et al. The Impact of Supplemental Antioxidants on Visual Function in Nonadvanced Age-Related Macular Degeneration: A Head-to-Head Randomized Clinical Trial. *Invest Ophthalmol Vis Sci.* 2017 Oct 1;58(12):5347-60.
23. Ma L, et al. Lutein and zeaxanthin intake and the risk of age-related macular degeneration: a systematic review and meta-analysis. *Br J Nutr.* 2012 Feb;107(3):350-9.
24. Richter GM, et al. Risk factors for cortical, nuclear, posterior subcapsular, and mixed lens opacities: the Los Angeles Latino Eye Study. *Ophthalmology.* 2012 Mar;119(3):547-54.
25. Micelli-Ferrari T, et al. Role of lipid peroxidation in the pathogenesis of myopic and senile cataract. *Br J Ophthalmol.* 1996 Sep;80(9):840-3.
26. Simonelli F, et al. Lipid peroxidation and human cataractogenesis in diabetes and severe myopia. *Exp Eye Res.* 1989 Aug;49(2):181-7.
27. Babizhayev MA, Yegorov YE. Telomere Attrition in Human Lens Epithelial Cells Associated with Oxidative Stress Provide a New Therapeutic Target for the Treatment, Dissolving and Prevention of Cataract with N-Acetylcarnosine Lubricant Eye Drops. Kinetic, Pharmacological and Activity-Dependent Separation of Therapeutic Targeting: Transcorneal Penetration and Delivery of L-Carnosine in the Aqueous Humor and Hormone-Like Hypothalamic Antiaging Effects of the Instilled Ophthalmic Drug Through a Safe Eye Medication Technique. *Recent Pat Drug Deliv Formul.* 2016;10(2):82-129.
28. Ma L, et al. A dose-response meta-analysis of dietary lutein and zeaxanthin intake in relation to risk of age-related cataract. *Graefes Arch Clin Exp Ophthalmol.* 2014 Jan;252(1):63-70.
29. Tham YC, et al. Global prevalence of glaucoma and projections of glaucoma burden through 2040: a systematic review and meta-analysis. *Ophthalmology.* 2014 Nov;121(11):2081-90.
30. Calkins DJ, Horner PJ. The Cell and Molecular Biology of Glaucoma: Axonopathy and the Brain. *Invest Ophthalmol Vis Sci.* 2012 May 4;53(5):2482-4.
31. Crish SD, Calkins DJ. Central visual pathways in glaucoma: evidence for distal mechanisms of neuronal self-repair. *J Neuroophthalmol.* 2015 Sep;35 Suppl 1:S29-37.

32. National Eye Institute. Facts About Glaucoma. https://nei.nih.gov/health/glaucoma/glaucoma_facts Accessed January 2, 2018.
33. Faiq MA, et al. Glaucoma–diabetes of the brain: a radical hypothesis about its nature and pathogenesis. *Med Hypotheses*. 2014 May;82(5):535-46.
34. Faiq MA, Dada T. Diabetes Type 4: A Paradigm Shift in the Understanding of Glaucoma, the Brain Specific Diabetes and the Candidature of Insulin as a Therapeutic Agent. *Curr Mol Med*. 2017;17(1):46-59.
35. Dada T. Is Glaucoma a Neurodegeneration caused by Central Insulin Resistance: Diabetes Type 4? *J Curr Glaucoma Pract*. 2017 Sep-Dec;11(3):77-9.
36. Majeed M, et al. Efficacy and safety of 1% forskolin eye drops in open angle glaucoma – An open label study. *Saudi J Ophthalmol*. 2015 Jul-Sep;29(3):197-200.
37. Mutolo MG, et al. Oral Administration of Forskolin, Homotaurine, Carnosine, and Folic Acid in Patients with Primary Open Angle Glaucoma: Changes in Intraocular Pressure, Pattern Electroretinogram Amplitude, and Foveal Sensitivity. *J Ocul Pharmacol Ther*. 2016 Apr;32(3):178-83.
38. Nebbioso M, et al. Forskolin and rutin prevent intraocular pressure spikes after Nd:YAG laser iridotomy. *Panminerva Med*. 2012 Dec;54(1 Suppl 4):77-82.
39. Vetrugno M, et al. Oral administration of forskolin and rutin contributes to intraocular pressure control in primary open angle glaucoma patients under maximum tolerated medical therapy. *J Ocul Pharmacol Ther*. 2012 Oct;28(5):536-41.
40. Hart NJ, et al. Ocular indicators of Alzheimer's: exploring disease in the retina. *Acta Neuropathol*. 2016 Dec;132(6):767-87.
41. Koronyo Y, et al. Retinal amyloid pathology and proof-of-concept imaging trial in Alzheimer's disease. *JCI Insight*. 2017 Aug 17; 2(16): e93621.
42. Morin PJ, et al. Amyloid precursor protein is synthesized by retinal ganglion cells, rapidly transported to the optic nerve plasma membrane and nerve terminals, and metabolized. *J Neurochem*. 1993 Aug;61(2):464-73.
43. Feart C, et al. Plasma Carotenoids Are Inversely Associated With Dementia Risk in an Elderly French Cohort. *J Gerontol A Biol Sci Med Sci*. 2016 May;71(5):683-8.
44. Xu X, Lin X. [Advances in the researches of lutein and alzheimer's disease]. [Article in Chinese, Abstract in English.] *Zhonghua Yu Fang Yi Xue Za Zhi*. 2015 May;49(5):456-60.
45. Lee WJ, et al. Relationship Between Open-angle Glaucoma and Stroke: A 2010 to 2012 Korea National Health and Nutrition Examination Survey. *J Glaucoma*. 2018 Jan;27(1):22-7.
46. Heesterbeek TJ, et al. The incidence and predictors of depressive and anxiety symptoms in older adults with vision impairment: a longitudinal prospective cohort study. *Ophthalmic Physiol Opt*. 2017 Jul;37(4):385-98.
47. Zheng Y, et al. The Prevalence of Depression and Depressive Symptoms among Eye Disease Patients: A Systematic Review and Meta-analysis. *Sci Rep*. 2017 Apr 12;7:46453.
48. Wong-Riley M. Energy metabolism of the visual system. *Eye Brain*. 2010;2: 99-116.
49. Cheung LTY, et al. Targeted Delivery of Mitochondrial Calcium Channel Regulators: The Future of Glaucoma Treatment? *Front Neurosci*. 2017;11:648.

50. Feher J, et al. Mitochondrial alterations of retinal pigment epithelium in age-related macular degeneration. *Neurobiol Aging*. 2006 Jul;27(7):983-93.
51. Karunadharm PP, et al. Mitochondrial DNA damage as a potential mechanism for age-related macular degeneration. *Invest Ophthalmol Vis Sci*. 2010 Nov;51(11):5470-9.
52. Babizhayev MA. Mitochondria induce oxidative stress, generation of reactive oxygen species and redox state unbalance of the eye lens leading to human cataract formation: disruption of redox lens organization by phospholipid hydroperoxides as a common basis for cataract disease. *Cell Biochem Funct*. 2011 Apr;29(3):183-206.
53. Han WH, et al. Modifications in Retinal Mitochondrial Respiration Precede Type 2 Diabetes and Protracted Microvascular Retinopathy. *Invest Ophthalmol Vis Sci*. 2017 Aug 1;58(10):3826-39.
54. Tien T, et al. High Glucose Induces Mitochondrial Dysfunction in Retinal Müller Cells: Implications for Diabetic Retinopathy. *Invest Ophthalmol Vis Sci*. 2017 Jun 1;58(7):2915-21.
55. Pinazo-Durán MD, et al. Strategies to reduce oxidative stress in glaucoma patients. *Curr Neuropharmacol*. 2017 Jul 5. [Epub ahead of print.]
56. Zhang X, et al. Therapeutic potential of co-enzyme Q10 in retinal diseases. *Curr Med Chem*. 2017 Aug 1. [Epub ahead of print.]
57. Qu J, Kaufman Y, Washington I. Coenzyme Q10 in the human retina. *Invest Ophthalmol Vis Sci*. 2009 Apr;50(4):1814-8.
58. Crooke A, et al. The role and therapeutic potential of melatonin in age-related ocular diseases. *J Pineal Res*. 2017 Sep;63(2).
59. Dehdashtian E, et al. Diabetic retinopathy pathogenesis and the ameliorating effects of melatonin; involvement of autophagy, inflammation and oxidative stress. *Life Sci*. 2017 Dec 1. [Epub ahead of print.]
60. Ozawa Y, et al. Bilberry extract supplementation for preventing eye fatigue in video display terminal workers. *J Nutr Health Aging*. 2015 May;19(5):548-54.
61. Ottobelli L, et al. Age-related changes of the ocular surface: a hospital setting-based retrospective study. *J Ophthalmol*. 2014;2014:532378.
62. Higuchi A, et al. Selenoprotein P controls oxidative stress in cornea. *PLoS One*. 2010 Mar 29;5(3):e9911.
63. Pinazo-Durán MD, et al. Effects of a nutraceutical formulation based on the combination of antioxidants and ω -3 essential fatty acids in the expression of inflammation and immune response mediators in tears from patients with dry eye disorders. *Clin Interv Aging*. 2013;8:139-48.
64. Choi JH, et al. Efficacy of the mineral oil and hyaluronic acid mixture eye drops in murine dry eye. *Korean J Ophthalmol*. 2015 Apr;29(2):131-7.
65. Groß D, Childs M, Piaton JM. Comparison of 0.2% and 0.18% hyaluronate eye drops in patients with moderate to severe dry eye with keratitis or keratoconjunctivitis. *Clin Ophthalmol*. 2017 Apr 6;11:631-8.
66. Sand BB, Marner K, Norn MS. Sodium hyaluronate in the treatment of kera Acta Ophthalmol (Copenh) toconjunctivitis sicca. A double masked clinical trial. 1989 Apr;67(2):181-3.

67. Simmons PA, et al. Efficacy and safety of two new formulations of artificial tears in subjects with dry eye disease: a 3-month, multicenter, active-controlled, randomized trial. *Clin Ophthalmol*. 2015 Apr 15;9:665- 75.
68. Postorino EI, et al. Efficacy of eyedrops containing cross-linked hyaluronic acid and coenzyme Q10 in treating patients with mild to moderate dry eye. *Eur J Ophthalmol*. 2017 Aug 2. [Epub ahead of print.]
69. Kishi S. [Vitreous and macular diseases]. [Article in Japanese, Abstract in English.] *Nippon Ganka Gakkai Zasshi*. 2003 Dec;107(12):813-34;discussion 835.
70. Emoto Y, et al. Curcumin suppresses N-methyl- N-nitrosourea-induced photoreceptor apoptosis in Sprague-Dawley rats. *In Vivo*. 2013 Sep- Oct;27(5):583-90.
71. Li J, et al. Curcumin Attenuates Retinal Vascular Leakage by Inhibiting Calcium/Calmodulin-Dependent Protein Kinase II Activity in Streptozotocin-Induced Diabetes. *Cell Physiol Biochem*. 2016;39(3):1196-208.
72. Li J, et al. Curcumin Inhibits Neuronal Loss in the Retina and Elevates Ca²⁺/Calmodulin-Dependent Protein Kinase II Activity in Diabetic Rats. *J Ocul Pharmacol Ther*. 2015 Nov;31(9):555-62.
73. Steigerwalt R, et al. Meriva®, a lecithinized curcumin delivery system, in diabetic microangiopathy and retinopathy. *Panminerva Med*. 2012 Dec;54(1 Suppl 4):11-6.